Ingatestone and Fryerning Parish Council
Health and Wellbeing Working Group Terms of Reference

Terms of Reference approved at Full Council in April 2023

Prime objectives

- To work on reducing social isolation and loneliness in identified groups and to improve mental wellbeing by co-ordinating appropriate events
- To work towards becoming a dementia friendly parish
- Encourage physical health activities in all age groups and abilities

Key tasks

- Mobilise local skills and knowledge to promote H&WB in the Community.
- Explore approaches to inform and involve isolated or lonely individuals regarding activities within the community, to improve Mental Health and Wellbeing
- Ensure Contact Details on services available within the community are displayed prominently for all those who need them.
- Access any volunteer organisations that may be able to help in delivering H&WB Services
- Support any local initiatives that promote H&WB in the community
- Explore possible facility provision ideas to support the main objectives

Meetings

The Health and Safety Working Group will meet monthly or as required.

Membership

The membership of the Health and Wellbeing Working Group will be noted at full council. It will consist of at least two councillors and can include non-councillors as members. The Health and Wellbeing Working Group may invite any local suppliers of H&WB Services to attend or supply advice at the above meeting.

Reporting to full council

The Health and Wellbeing Working Group should make updates and recommendations to full council on a monthly basis and should be ready to answer questions from councillors.

Conduct

All Health and Wellbeing Working Group members should adhere to code of conduct as specified in the Ingatestone and Fryerning Parish Council Code of Conduct and section five of the parish council's Communications Policy.