

Ingatestone & Fryerning Parish Council Newsletter April 2017

Parish Council seeks to preserve the Village's green and recreational space

In January the Parish Council approved a budget for 2017-18 incorporating a rise in the precept by £8 per annum per household based on a Band D property. This constitutes a weekly rise of 15p per household.

Over the past few months we have been talking to Brentwood Borough Council about acquiring Seymour Field & Pavilion. We initially asked for an 'asset transfer', but all that Brentwood Council is prepared to offer is a 25-year lease. We are still discussing terms and conditions.

Why is the Parish Council so keen to acquire this asset?

Seymour Field is our only publicly owned recreation field. Fairfield is leased by the Parish Council from Lord Petre. Seymour Field is not only the home to all the village's football teams; it is also widely used for casual recreation. It is used by dog walkers, youth groups and of course, it's home to the annual Ingatestone and Fryerning Horticultural Society summer show.

The village is growing and there was a genuine concern that the field could fall victim to property developers. The Parish Council is determined to ensure that it should remain a publicly owned recreation area not only for current residents but also for future generations.



The Pavilion, which was built in the 1980s, is in drastic need of refurbishment. We have obtained estimates of the cost required to bring it up to Football Association standards as well as providing a good quality facility for use by other local community groups. We will need to obtain around £70,000. The Parish Council are hopeful of obtaining significant grants towards the cost of the work. Nevertheless, we cannot guarantee these funds and therefore have to budget on the assumption that we will need to self-fund the pavilion refurbishment as well as the upkeep of the field. In addition, following several incursions onto the field in recent years we also need to budget to improve security measures to ensure that the field can be enjoyed by local residents throughout the year.

The Parish Council did not take the decision to increase the precept lightly, indeed to facilitate the necessary work the Council will reduce its reserves for the year 2017-18. However, the recent survey that we undertook revealed that there is overwhelming support among respondents to preserve green space in and around the villages. We believe acquiring a lease on Seymour Field & Pavilion guarantees that it remains a recreational facility and provides a wonderful opportunity to develop a quality asset that can be enjoyed by the people of Ingatestone & Fryerning for years to come.

Paul Jeater, Chair – Ingatestone & Fryerning Parish Council



**Ingatestone & Fryerning
Parish Council**

Fixing Our Broken Housing Market

The Housing White Paper was published by the Government in February 2017. This sets out plans to reform the housing market and boost the supply of new homes in England. As well as a range of policies aimed at helping to diversify the housing market and helping people afford a home, the paper also focusses heavily on changes that can be made to planning law and policy. Proposed changes to the planning system are relatively modest and the most significant proposals comprise:

- ◆ Making sure every part of the country has an up-to-date, sufficiently ambitious Local Plan so that local communities decide where development should go;
- ◆ Requiring local plans to be reviewed every five years;
- ◆ Placing greater emphasis on developing brownfield land within settlements and at higher densities;
- ◆ Giving communities a stronger voice in the design of new housing to drive up the quality and character of new development, building on the success of Neighbourhood Planning;
- ◆ Ensuring that Neighbourhood Plans are recognised and considered at all levels of the planning process, to avoid speculative developer applications being accepted;
- ◆ Giving further support to Neighbourhood Planning by making more funding available to neighbourhood planning groups from 2018-2020 and amending planning policy so that groups can obtain a housing requirement figure from their LPA to help avoid delays in getting a plan in place;
- ◆ Green Belt policy appears to be strengthened slightly, by proposing that authorities should only amend Green Belt boundaries where they can demonstrate they have fully examined all other reasonable options for meeting their development requirements;
- ◆ The definition of affordable housing is to be amended to include affordable private rented housing (at least 20% below local market rent) and discounted market sales housing (at least 20% below local market value);
- ◆ A minimum of 10% of all homes on sites of 10 or more dwellings (or 0.5 ha or more) should be affordable homes to buy;
- ◆ Planning application fees likely to rise by approximately 20% in July 2017;
- ◆ Possible introduction of a fee for planning appeals (capped at £2,000);
- ◆ The possibility of reducing timescales to implement a planning permission, from 3 years to 2 years.

Of course, these are just proposals at the moment and some of the above may fall away during the subsequent consultation process which runs until 2nd May 2017.

Cllr Kate Sutton, Vice-Chair of Planning

Ingatestone & Fryerning welcomes new Parish Councillor



In January, this year, I was thrilled to be voted as the new Parish Councillor for IFPC. I have lived in Ingatestone for the last 12 years and think that both villages have it all – a great community, good transport connections and glorious Essex countryside.

In my view, the Council has a big role in helping to maintain this good quality of life and environment for all its parishioners, from all age groups and all walks of life. With more issues affecting our communities than ever before – social care at saturation point, economic uncertainty and a housing crisis on our hands – it is more important to support each other on a local scale.

In my 'day job', I work full-time as a journalist and editor on print, digital and social media publications for some interesting national and international organisations.

In my earlier career, I set up the social affairs unit for BBC Southern Counties Radio, dealing with community news on the airwaves. This industry experience may come in useful to the Parish Council. I have the privilege of working from my office at home much of the time, so I spend a lot of time in the village.

Just over two years ago, I started the Ingatestone Book Group with some wonderful women, who are now good friends who like a good read, a glass of wine and chatting.

I have a keen interest in environmental issues, so am pleased to join the Churchyards and Environment Committee.

Cllr Dawn Jelley

Churchyards & Environments Committee

As always the Churchyards and Environment Committee has been hard at work ensuring the continued prosperity of our public spaces.

Since my last report the works to the Lychgate are complete, with only minor flint replacement to be undertaken. Please do visit the Lychgate to experience the benefits of its refurbishment.

Following on from the works to Fairfield pond, the Committee is in the process of installing a series of benches, bins and an information board. The information board details the history of Fairfield and the wildlife to be found at the pond. The board itself was composed from information gathered by Coun-

cillor Abrey and I thank him for his efforts. Special thanks should also be given to the Essex Heritage Fund who generously donated funds towards the benches, bins and information board.



Recently the local area, both the village and the wider Borough, have suffered from repeated instances of fly tipping. In the period from October 2015 to October 2016 fly tipping cost the Borough c.£54,000 and I believe we can all agree that this money would be best spent elsewhere. Should anyone have information on fly tipping I encourage you to report this to the borough council. Their telephone number is 01277 312500 or you can fill out an online form on Brentwood Borough Council's website (www.brentwood.gov.)

I hope to continue to work towards Ingatestone's good health and invite anyone with a concern to contact me personally, or attend our committee meetings on the 2nd Monday of the month at Ingatestone Library from 7.30pm.

Cllr Toby Blunsten

An update from the Mayor



Life continues to be busy as the Mayor of Brentwood. Since my last article for the Parish magazine in early November, the Christmas and New Year celebrations, amongst other things, meant Jon and I have been very active in and around the Borough. We attended fifteen Carol Services, including my own Civic Carol service on 4th December at St Edmunds and St. Marys which was very well

attended. Pupils from Margaretting Primary School gave a splendid rendition of Away in a Manger and We Three Kings, and I am very grateful to all the pupils, staff and parents who gave their time and made the Service such a special event. The collection raised just over £240, which was divided be-

tween the Church and my chosen charities Remus Memorial Horse Sanctuary, Georgia's Teenage Cancer Appeal and Christy Hall Charitable Trust, so thank you to all who attended and gave so generously.

On Sunday 13th November, I was honoured to lead the Remembrance Day parade in Brentwood, which saw thousands of people lining the route and shows what very great esteem our Armed Forces are held in.

I was also honoured to ride in a horse-drawn carriage down Ingatestone High Street to start the Victorian Evening celebrations on my birthday – 2nd December!

New Year's Eve in Ingatestone was as exciting as ever with the free Firework Spectacular organised by Starburst of Ingatestone. Now in its 18th year, the display seems to get bigger and better, and this year was no exception.

In January, I held a fund-raising event at the Army Reserve Barracks in Warley to celebrate Burns Night. It was a very enjoyable evening with everyone getting into the spirit of the occasion. My next fund-raising event will be a fashion show at Ingatestone Hall on Tuesday 28th March, featuring fashion, craft and gift items from local Ingatestone businesses.

On Monday 13th March, I will be raising the Commonwealth Flag at the Town Hall and on Friday 21st April I will be raising the Flag to celebrate St. George's Day. Local schools will be involved in both ceremonies, and I am very much looking forward to both.

Jon and I continue to lend our support to many different events - business launches, plays, concerts, Armed Forces and school events and award ceremonies, amongst other things. It shows what a huge variety of things there are that go on in our Borough, and I look forward to continuing to meet more of the voluntary sector in the months ahead until my Mayoral year ends on 17th May.

Borough Cllr Noelle Hones

351 Bus Service

Although little has happened since my previous report in our Parish Newsletter, I will review some of the points that I then raised, and for those addresses (including mine!) that didn't receive the last Newsletter.

I have found our 351 bus service much improved, do you agree? The Parish Office hasn't received any complaints since December last year. Nevertheless, I repeat my usual request for any problems to be copied to the Parish Office with any complaint, as

without them I can only rely on my own use of the buses in accessing their performance.

We are still waiting for the information boards to be installed at the two Market Place bus stops. The intention is that we can give bus travel information on these boards. I hope before our next Newsletter these will be up and running, and ready for any suggestions that you feel could help fellow bus users.

Essex County Council has confirmed, as I feared, that they do not intend displaying real time information system (RTIS) at bus stops, and if they do eventually provide this information it will only be at stops which have a display notice board; none of which are in Ingatestone. We are now expected to use the First Buses App to find actual times when buses can be expected. Although this is a straightforward App to install, your mobile devices require Wi-Fi access. It is ECC's opinion that almost universal use of smartphones etc. is fast approaching, and therefore money spent on RTIS at bus stops cannot be justified.

Finally, the bus driver can be identified from your bus ticket. Hopefully you won't have cause to complain about conduct, but it would be nice to report a driver for a particular act of kindness and service. Either contact First Buses direct or send your ticket and details of what happened to the Parish Office for my attention and I will send it on, with covering letter, to the bus company.

Happy travelling.
Cllr Donald Frost
Passenger Transport Representative

Ingatestone & Fryerning Community Association (IFCA CIO)

The Community Centre in the High Street continues to go from strength to strength in recent times. The purpose of the IFCA CIO charity is to provide facilities in the interests of education, social welfare, recreation and leisure for local inhabitants.

The Community Centre is certainly becoming a focal point in the village, being at the heart of Victorian Night in recent years as home to Father Christmas and lots more. Our coffee mornings are now running fortnightly (on 2nd and 4th Tuesdays of the month between 9.30 and noon). These are enabling many older people in particular to socialise and make new friends. Our snooker facilities were improved last year and are proving more popular and there are darts matches and quizzes in the bar.

The Hall continues to stage a range of productions, provide fitness classes and other activities and of course there are the Tennis and Bowling Clubs at the rear of the Centre.

All our surplus income is ploughed back into the Community Centre. Those attending our AGM in February will have heard that we had nearly completed the total refurbishment of the bar, supported by donations from members and this has included a new ceiling and lighting. We have also refurbished the kitchen with new units, stainless steel furniture and fridge and freezer, to maintain our '5 star' hygiene rating and provide lunches and Friday suppers. This year there are plans to install automatic doors to the Hall to improve access for disabled people.

We should also mention Fryerning Parish Room which since its total refurbishment a few years ago continues to provide a cosy and attractive alternative venue to the Community Centre for smaller scale activities and parties. We remain grateful to our partners, the Fryerning Parish Room Association, for organising fundraising events to provide and maintain a secure future for the building.

If you have ideas for other activities or events that you would like to see at the Centre please let us know, even more so if you're willing to help organise them. If you are not a member and think you would like to support what we do, just take an application form from the bar or download from our website www.ifcc.org.uk. We are here to help maintain community-based activities and nothing else, so please support us.

If you wish to contact us please e-mail welcomelfcc@live.uk, or call on 01277 352064. You can also pop into our office (upstairs at the front of the Community Centre) between 10am and 1pm on Mondays to Thursdays. We will be pleased to see you.

John Galvin, Secretary IFCA CIO

Why not join Fryerning Women's Institute? - Fryerning WI

Who are we? We're a friendly inclusive group of ladies of all ages meeting monthly (1st Wednesday of each month), in the Fryerning Parish Room, Mill Green Road, Fryerning, Ingatestone, CM4 OHS from 1.30 p.m. to about 4.00 p.m.



What do we do? Our monthly meetings typically include:

- ◆ Members' sales table;
- ◆ Sale of jams/pickles to WI approved standards;
- ◆ Varied programme of speakers/demonstrators;
- ◆ Afternoon tea/refreshments provided by our members;
- ◆ Christmas and spring lunches;
- ◆ Member welfare and support;
- ◆ Monthly pub lunches locally;

- ◆ Regular programme of visits and outings;

We are looking for new members to join our groups and welcome ladies of all ages.

This year's meetings are: 3rd May 2017, 6th June 2017, 5th July 2017, 2nd August 2017, 6th September 2017, 4th October 2017; 1st November 2017, 6th December 2017

Ingatestone and District Camera Club

Ingatestone Camera Club is a progressive, enthusiastic, and sociable photographic club. Our door is open for anyone interested in sharing with us the process of learning to take better quality photographs.

We offer friendship, a warm welcome and help and advice for anyone wanting encouragement. We also embrace the more experienced photographer who can participate in our competitions, join in our outings and programs listed below and maybe even share their knowledge with other members.

We have a regular program from September to May which is especially designed for Club Members, helping them to improve their skills and achieve great photographic results.

Our program includes such items as the following: Visiting speakers, talking on various aspects of photography; many are highly regarded with special subjects such as wildlife, people, places, landscapes architecture, etc.

Club competitions provide an opportunity to compare our photography with others, to receive feedback from qualified photographic judges and to show our work

We participate in external competitions which are multi-club competitions enabling us to compare our photography with our peer groups in other photographic clubs in Essex.

Practical evenings are designed to give hands-on training for members. The evenings help in understanding the basics as well as providing for advanced levels. Virtually all modern photography is digitally based and our practical sessions embrace this technology. We work on such aspects as learning about the various settings available on your digital camera to receiving instruction on post-camera image processing on your computer or laptop.

Why not visit us on a Friday evening at the Parish Rooms, Stock Lane which are just 80 yards up from the High Street, set back on the right-hand side?

Have a cup of tea or coffee and a chat, see what's on offer and how we may be of interest to you. You will have nothing to pay for your first few visits enabling you decide if joining us will suit you. After that, an annual subscription equates to around £1 per evening.

We meet most Fridays, early September to late May, 7:45pm in the Parish Rooms, Stock Lane, Ingatestone.

See our photo gallery on the Club website at www.ingatestonecc.org.uk or ring Tom Smith on 01277 353 645

Ingatestone & Fryerning Tennis Club



At this time of year parents are often looking to find healthy activities for their children at weekends and during School holidays. And it's not just the youngsters; many adults are increasingly keen to take regular aerobic exercise. We are lucky locally in that there are many indoor and outdoor sports and activities on our doorstep.

At IFTC we offer weekly coaching for the very young up to the young-at-heart on a Saturday morning with hourly sessions for different age groups. For the more energetic there is cardio-tennis each Sunday morning at 10am. There is an additional mini-tennis session after school on Tuesdays during term time. We have three hard courts behind the Community Centre with adjacent cheap parking if needed.

Contrary to what some believe, you don't have to be a Club member to take part in coaching. We welcome non-members and occasional visitors who can just turn up and pay and play on the day. We welcome all standards from beginners upwards and much of the activity for juniors is centred on having fun and exercise. All we ask is that you wear suitable footwear. Juniors you may even borrow a racquet. It really is that easy!

All coaching is led by our energetic Head Coach, Nick Hilder who can also offer private coaching. Nick is supported by the Club's own teenage assistant coaches, who have both successfully completed their first level LTA coaching award.

We are an inclusive Club and also welcome non-members to come along to play a few times to see whether they are interested in joining which then gives them access to the courts all year round. For those of you who get hooked on your tennis we have a range of social tennis sessions, fun American tournaments, an annual knockout tournament and have teams in various local leagues.

If you want to find out more about any of the above, then visit our website www.ingatestonetennis.org.uk. If you have any queries, please send us a message at ingatestonetennis@hotmail.com. You can ring Nick on 07590 975046 or just pop down one weekend for a chat.
John Galvin, IFCC Chairman

Ingatestone & Fryerning Cricket Club - Adult Team



The 2017 cricket season will soon be upon us. Ingatestone & Fryerning 1st XI start the campaign with pre-season fixtures against Stock and Brentwood. This season the 1st XI will compete in Division 2 of the T Rippon League.

League fixtures commence on Saturday 6th May. Meanwhile the 2nd XI will this season play in Division 5; this means that from May to September there is usually a Saturday fixture at Fairfield. Spectators are always welcome and social membership is available just ask at the Pavilion. New players are always welcomed.

During the season the Club will play several T20 fixtures, these normally take place on Tuesday evenings with a 6.30pm start. During the season, there are two special events; Sunday 2nd July is Chairman's Day and there will be a Intra Club match plus BBQ etc., and a second club day including an intra club T20 fixture will take place during bank holiday weekend on Sunday 27th August.

Ahead of the season the Cricket Club will be organising their Annual Quiz Night on Saturday 8th April at the Community Club, 7.30pm (for 8pm start) Hot Food & Drinks available from Community Club bar. Tickets and further details available from Club members

Paul Jeater (on behalf of IFCC)

Ingatestone & Fryerning Cricket Club - Youth Team

Entering their 159th year Ingatestone & Fryerning Cricket Club is going from Strength to Strength. With the help of the Youth Cricket Training Scheme started two years ago it is hoped that the two Saturday Men's Teams, Midweek and Sunday Teams will continue to thrive with the Youth Teams providing a feeder helping IFCC to still be around in another 150 years' time.

On Thursday evenings from April - September we run session for beginners, intermediate and advanced Cricketers. The Beginner sessions are for kids aged 5

and over. They are fun, relaxed sessions with lots of games with a cricket influence. The Intermediate and Advanced sessions are for the over 7's and cover nets training, outfield training, mini matches and friendly fixtures.

If you think your child would be interested in joining IFCC Youth Training, then please email Amy Pudney our Youth Development Coordinator at ingykidscricket@outlook.com and she will send joining information in the new year.

The cost of training is always kept very low (currently £3 pay as you play) as we are mainly run by volunteers but our coaching is done by an ECB approved coach and all our volunteers are DBS checked.

Meet Kaleb aged 8. This is what his mum had to say about Youth Cricket Last year: -
"We are so glad that we responded to the post on our local village Facebook page advertising Youth Cricket training from April 2016. Our 8-year-old son had only ever participated in school clubs and we were keen to get him into a non-school environment and encourage him to make friends outside of school. Cricket seemed like a perfect choice as he'd shown an interest in cricket in the previous summer. He thoroughly enjoyed his first session and went weekly for the rest of the season, and participated in the week-long summer holiday coaching course. The sessions are extremely fun for the children and all levels of skill are encouraged. Our son's confidence increased and new friends were made. We cannot recommend this club enough, a great asset to the village."



Meet Cameron aged 12. Cameron captained our first fixture away to Bentley last year. Cameron has been with us for the last two years and this is what his mum says about the club: -

"Ingatestone youth team has gone from strength to strength this summer with thanks to all the hard work put in by Amy, Adam and Sam. Every Thursday the sun shone down on us, the children turned up and the patio area was full. The children showed so much enthusiasm and they've all made some new friends. To be able to play our first away friendly game against Bentley meant so much to the team and they showed off everything they'd learnt and behaved impeccably. Summer in Ingatestone is all the better thanks to our Thursday nights - I for one hope this winter goes quickly."



www.facebook.com/ingatestone.cricketclub/

Communities and charities to benefit from new Essex County Council budget initiatives

Local communities will be able to do more for themselves and charities will benefit from a new Essex lottery scheme later this year, following announcements made by the Leader of the County Council (Tuesday 14 February).

The first of the two schemes, the Supporting Communities Fund, will make £1 million available to support getting new, locally-focussed services which support local communities off the ground, and to support 'local action' with smaller amounts of money available to local groups, organisations or individuals.

Through the schemes, funding for a handyman scheme for older people might be available, local schemes to promote recycling might be supported, or community initiatives which help tackle social isolation might be backed.

The Essex Lottery would provide a funding stream for local Essex-based charities, which would be selected by an independent panel. People buying lottery tickets online would be able to select which charitable cause they wanted to support through buying a ticket, with a prize draw being made on a weekly basis. Cash prizes from £100 up to potential five-figure sums would be available through the draw. Both schemes are due to be launched in the Autumn.

Ingatstone & Fryerning Horticultural Society



IFHS members will all now have received their new style membership cards and events list, followed by the Spring Newsletter. The committee has organised the usual range of activities for the year; three shows, a plant sale, three talks and four coach trips.

This year's outings are to Beth Chatto Gardens in May, Woburn Abbey Garden Show in June, Kew Gardens in July and the "Taste of Autumn" festival at Wisley in October. Talks will cover "Planting for Year Around Scent", "Growing and Showing Fuchsias" and "A Tapestry of Foliage", all held in Stock Lane Parish Room. To book any of the trips please call Ann Monk on 01277 352869 and look out for posters and other advertisements for all events.

Our Spring Show will be held on Saturday 8th April at Stock Lane Parish Room, open to the public from 11am, with prize giving at 12.45pm. Do come and enjoy a lovely display of daffodils and tulips with a

cup of tea or coffee.

The big event, the Summer Show, is on 15th July on Seymour Field. Our Competition Sub-Committee has been busy completely rewriting the schedule in conjunction with the 2016 revised RHS handbook. All the show classes, rules and notes will be available soon on our website www.ifhs.org.uk and the full schedule will be on sale in various shops from the end of May. Entertainment booked this year includes the return of Eagle Heights eagle and vulture display, the Sutherland Pipe Band and, for the first time, a crazy golf course, which should appeal to all ages. Of course, the children's sports and the very popular dog show will also be included in the programme.

The Summer Show would not be what it is without the help of a huge army of people, who perform various duties throughout the day or run the stalls around the field. We are particularly appreciative of the continued help given by the Rotary Club and the Scouts, who provide much of the food and drink. The show is a real village event and we look forward to seeing everyone at Seymour Field again this year.

If you feel you would like to become more involved with the society and/or the summer show please get in touch with me (352534) Graham Slater, Membership Secretary (352142) or Rodger Green, Secretary (07587 852111).

Janet Collins, Chairman, IFHS

Volunteers needed

I am the South West area coordinator for Age UK Essex Dementia Connections Service and would like to recruit volunteers in the local area to help people living with the early stages of Dementia. Volunteering in this type of work is extremely rewarding as we enable people to grow in confidence, enabling them to do activities that they used to enjoy or to do new activities.

Dementia Connections is a short programme designed to help people living with Dementia to stay active. The service is delivered by Age UK Essex and The Alzheimer's Society.

As a volunteer, you will:

- ◆ Work with each client for up to 12 hours (total per client over a number of weeks)
- ◆ Help each client to achieve their personal goal. This could be, for example, attending a local social group, joining a class or going for a walk.
- ◆ By the end of the 12 hours you will have helped your client rebuild their confidence and enabled them to reconnect with the local community.
- ◆ In return you will benefit from valuable training



- including,
- ♦ Induction to Age UK Essex and The Alzheimer's Society.
- ♦ Dementia Awareness Training
- ♦ Dementia Connections Training.

This varied and interesting role will suit you if you are confident talking to a range of people, a good listener and able to give a few hours a week. Travel expenses will be paid.

To find out more contact Mair on 01268 204469 or email mair.knox@ageukessex.org.uk

Ingatestone Allotment Association



There are currently allotments available at the Stock Lane site. Annual rents commence for as little as £25 per annum. Large, medium and small plots are available. Why not get outdoors, grow your own veg, fruit and flowers. Ability is less important than enthusiasm.

Contact Geoff Monk on 01277 352869.

Ingatestone Musical & Operetta Group



Following their extremely successful & popular pantomime "Cinderella" in January this year, the next production by Ingatestone Musical & Operetta Group (IMOG) is to be a fun-packed Variety Show!

Entitled "Naughty but Nice", this will be performed at 2.30pm & 7.30pm on Saturday 29th April 2017. The show will feature a range of well-known classics including Rocky Horror's "Time Warp" (with a few naughty characters), a selection from "The Sound of Music" (with nice nuns), plus a bundle of other numbers both naughty & nice! There is also a lovely mix of stories & comedy sketches.

Tickets are available from Jill on 01277 354015, via imog.org.uk or from Patrick Green Ltd, High Street, Ingatestone from the 1st April.

Seating will be tables of up to 8 people & everyone is welcome to bring along their own nibbles to enjoy while you watch.

Young Expressions



Young Expressions is a community youth

theatre group based in Ingatestone, which is run by a wholly voluntary committee of parents who employ professional directors for each show. We are a

non-profit organisation so any funds raised through ticket sales go back into the coffers to pay for equipment, costumes, scenery etc. We also regularly donate to local charities from the proceeds of the raffles that we run during the shows.

The children perform twice a year on the stage in the Ingatestone & Fryerning Community Centre, putting on a pantomime at the end of November and a musical at the end of June. We meet weekly on a Sunday morning and there is no entry requirement apart from age and the dedication required to attend regular rehearsals. If you're aged between 8 and 14 and interested in joining the happy cast, please contact Jenny on 01277 350823 or via e-mail at jen.fowle@yahoo.com

We are excited to announce that our next show will be High School Musical Jr which will be shown on Friday 23rd, Saturday 24th and Sunday 25th June 2017. Tickets will go on sale at Avrohurst from 5th June. Keep an eye on our website for further information - www.young-expressions.org

Health Information Evening Review

The New Folly Surgery Patient Reference Group Health Information Evening on Cancer Detection, Wednesday 22nd February 2017

After short introductions from Tess Burchett, Chair of The New Folly Surgery Patient Reference Group and Dr Richard Emond, Dr Gytha Clear Hill, Macmillan GP, spoke to the meeting.

As background, Dr Clear Hill explained that she had recently retired from her position as senior partner in the GP Deal Tree Surgery at Doddinghurst. Her work continues to be entirely funded by Macmillan Cancer Support. Macmillan, despite the popular conception of them being solely involved in End of Life issues, are concerned with the entire Patient Journey in the treatment of cancer. They fund six Macmillan GPs in Essex.

Dr Clear Hill then went on to give an interesting presentation. This highlighted the current demographic trend of the country's ageing population which results in the startling statistic that today, one in every two people must deal with one or more cancers in their lifetime.

Absolutely key to the continuing improvement in cancer diagnosis, support and survival, is the need for early detection. Dr Clear Hill passed on much helpful information to enable people to identify possible warning signs for the most common cancers, both in her spoken presentation and by means of Macmillan information leaflets.

Another key ingredient to aid the effective treat-

ment of cancer is the general public's participation in screening programmes. Susan White on behalf of Cancer Research UK, gave a short presentation on the current programmes: Breast, Cervical and Bowel. All GP surgeries seek to attain the nationally set percentage targets of patients attending screening. The New Folly Surgery is ahead of the target for Bowel screening, just about on target for Breast screening and a little below target for Cervical screening.

Both presenters underlined the benefits of screening, by highlighting that nine out of every ten bowel cancers identified at an early stage have survival rates in excess of ten years. It is particularly important to encourage young mums to keep all their screening appointments. There was emphasis too on the steps we can all take to reduce the risks of contracting cancer.

The substantial improvement in the successful treatment of cancer was a continual theme throughout the evening. The diagnosis of cancer certainly should not any longer automatically be considered as a death warrant. A lasting thought is: if the patient is in any doubt about possible symptoms, the best course of action is to not be frightened, don't delay and seek early advice from the GP.

Pauline Anniss

Ingatestone Rotary Club

Dictionaries4Life have recently been presented to 6th year pupils at Ingatestone & Mountnessing Junior Schools.



Rotarian Alan Pudney is pictured presenting dictionaries to pupils at Ingatestone And Fryerning Church of England Voluntary Aided Junior School.

From monies raised from various events, including the Christmas House-to-House collection, the club have just distributed cheques in support to the following: -

- ♦ Caribbean Hurricane Trust - £500;
- ♦ RYLA - £100;
- ♦ Kimuuni Primary School, Kenya - £200;
- ♦ Sand Dams Project, Africa - £500;
- ♦ Brentwood Community Transport - £250;
- ♦ Citizens Advice Bureau - £500;
- ♦ Opportunity International, Africa - £500,
- ♦ the total amounting to £2,550.

Pupils from the Ingatestone Anglo-European School have filled over 60 Rotary Shoeboxes, which along

with the 40 boxes filled by club members, will soon be forwarded to The Balkans.

Pictured from left Nick Hills, Sophie Ashitaka, Sophie Ashworth from IAES and Rotarian Andrew Clarkson



Some dates for your diaries of the club's forthcoming events: -

- ♦ 29th April, Quiz Night, Mountnessing Village Hall – in aid of Rotary charity
- ♦ 16th June, Charity Golf Day, Maylands G.C. – see www.rcoicgd.co.uk
- ♦ 1st July, Summer Evening Jazz at Ingatestone Hall – in aid of local hospices
- ♦ 26th November, Sponsored Indoor Triathlon, The Gym, Chelmsford – for charity

For details of all the club's events, go to www.ingatestonerotaryclub

AES latest news

The Anglo European students have been enthralled by the digger that has been on site since half term clearing the debris from the demolition of the old C block. Mr Barrs met Andruis, the digger driver to thank him for all his work on this project. Andruis demolished C block almost single-handedly and left the site in a very neat and tidy state. Mr Barrs explained that this was quite a moment for many as they saw C block disappear. "Most of my teaching time at the Anglo was spent in that block and the recent Facebook post suggests it was the source of many memories for our staff and students." The site will be replaced with a grassed bank, secure fencing and an extended social space for students.



Ingatestone Musical & Operetta Group

Proudly Presents

"NAUGHTY BUT NICE!"

Variety Show

At The Ingatestone Community Club Theatre, High Street,
Ingatestone, CM4 9ED

Saturday 29 April 2017

2.30pm & 7.30pm

Tables of up to 8 people

Adults £12 Concessions £10 (matinee)

Children £7.50

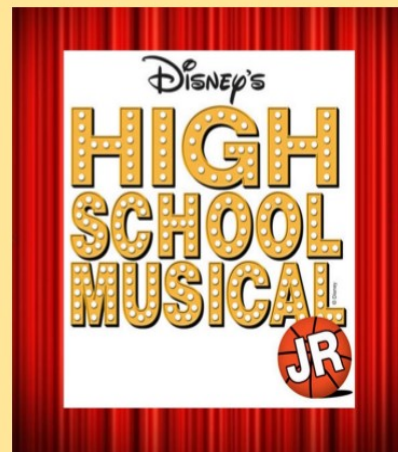


Tickets available from: 01277 354015 or
Patrick Green Ltd, High Street, Ingatestone CM4 0AU (from 1st April)
Or visit www.imog.org.uk



Young Expressions

Amateur Production of



Ingatestone & Fryerning Community Centre

Friday 23rd June
7.30 pm

Saturday 24th June
5 pm

Sunday 25th June
2.30 pm

<http://www.young-expressions.org/>



Supported by
Home Instead
Senior Care
To us, it's personal.

**EVERY
OTHER
THURSDAY**
1.30 - 3.30pm

Dates for 2017:

13th April, 27th April, 11th May, 25th May, 8th June, 22nd June

We are located behind The Chequers Pub - A small car park is available

The Memory Café is a free service for anyone who has concerns about their memory or the memory of a loved one or friend. The Café is run by trained volunteers with the support of health professionals. You can come along and discuss your concerns in confidence. We have a programme of mind stimulating activities for both carers and the cared for. We look to provide support & information within a relaxed, friendly and stigma free environment. The Forget Me Not Memory Café is an opportunity to take a break from your caring role.

EVERYONE IS WELCOME

Please note

We are not a Memory Clinic and therefore do not provide any memory assessments. Billericay Day Centre, Chantry Way, High Street, Billericay, Essex CM11 2BB.



Tel: 01277 822858
leah.lambert@homeinstead.co.uk
www.homeinstead.co.uk/billericay

Activities:

Arts & Crafts • Singing
Games • Quiz
Seated Exercise • Puzzles

Services:

Information & Advice
Outreach Health
Professionals Support
Groups

Contacts: Tracy Godden
(Dementia Support Worker
& Project Manager)

tracygodden1949@gmail.com

Facebook Memory Café:
The George Hurd Centre
Twitter @dementiaessex

WANT TO PLAY FOOTBALL?

Join a well established community club

Stones Athletic YFC are looking for players from reception year upwards to join our teams for next season. We are looking for players with a passion for football who want to have fun and improve their skills as part of a team.

For more information contact Luke Evans on
07508 463919 or email luke9779@hotmail.com



Stones Athletic YFC
stonesathleticyfc.com

**Come and try your hand at Bowls
Every Sunday in May**

10am—noon

**At the Ingatestone Bowls Green
behind the Community Centre car
park**

Everyone welcome

No-fees—No obligation

But please bring soft soled shoes

Ingatestone & Fryerning Parish Council

Meeting dates 2017

	Full Council	Churchyards &	Policy & Resources	Planning	Communica- tions & IT	Personnel
April 2017	6th	10th	24th	6th, 20th	Dates tbc	
May 2017	8th	15th	22nd	4th, 18th		17th
June 2017	1st	12th	19th	1st, 15th, 29th		
July 2017	6th	10th	17th	13th, 27th		Tbc
August 2017	3rd	14th	21st	10th, 24th		
September	7th	11th	18th	7th, 21st		
October 2017	5th	9th	16th	5th, 19th		Tbc
November 2017	2nd	13th	20th	2nd, 16th, 30th		
December	7th	11th	18th	14th		

Ingatestone

Collection Calendar 7

Key

 Orange Sacks, Food Waste, Refuse, Glass, Garden Waste & Textiles
 Orange Sacks, Food Waste and Refuse
 Orange Sacks, Food Waste, Refuse, Glass & Textiles - No Garden Waste
 Some changes to collection days

April 2017

Tues	04-Apr
Tues	11-Apr
Tues	18-Apr
Tues	25-Apr

May 2017

Tues	02-May
Tues	09-May
Tues	16-May
Tues	23-May
Tues	30-May

June 2017

Tues	06-Jun
Tues	13-Jun
Tues	20-Jun
Tues	27-Jun

July 2017

Tues	04-Jul
Tues	11-Jul
Tues	18-Jul
Tues	25-Jul

August 2017

Tues	01-Aug
Tues	08-Aug
Tues	15-Aug
Tues	22-Aug
Tues	29-Aug

September 2017

Tues	05-Sep
Tues	12-Sep
Tues	19-Sep
Tues	26-Sep

October 2017

Tues	03-Oct
Tues	10-Oct
Tues	17-Oct
Tues	24-Oct
Tues	31-Oct

November 2017

Tues	07-Nov
Tues	14-Nov
Tues	21-Nov
Tues	28-Nov

December 2017

Tues	05-Dec
Tues	12-Dec
Tues	19-Dec
Thu	28-Dec

January 2018

Thu	04-Jan
Wed	10-Jan
Tues	16-Jan
Tues	23-Jan
Tues	30-Jan

February 2018

Tues	06-Feb
Tues	13-Feb
Tues	20-Feb
Tues	27-Feb

March 2018

Tues	06-Mar
Tues	13-Mar
Tues	20-Mar
Tues	27-Mar

Fryerning

Collection Calendar 2B

Key

 Orange Sacks, Food Waste, Refuse, Glass, Garden Waste & Textiles
 Orange Sacks, Food Waste and Refuse
 Orange Sacks, Food Waste, Refuse, Glass & Textiles - No Garden Waste
 Some changes to collection days

April 2017

Sat	01-Apr
Sat	08-Apr
Sat	15-Apr
Sat	22-Apr
Sat	29-Apr

May 2017

Sat	06-May
Sat	13-May
Sat	20-May
Sat	27-May

June 2017

Sat	03-Jun
Sat	10-Jun
Sat	17-Jun
Sat	24-Jun

July 2017

Sat	01-Jul
Sat	08-Jul
Sat	15-Jul
Sat	22-Jul
Sat	29-Jul

August 2017

Sat	05-Aug
Sat	12-Aug
Sat	19-Aug
Sat	26-Aug

September 2017

Sat	02-Sep
Sat	09-Sep
Sat	16-Sep
Sat	23-Sep
Sat	30-Sep

October 2017

Sat	07-Oct
Sat	14-Oct
Sat	21-Oct
Sat	28-Oct

November 2017

Sat	04-Nov
Sat	11-Nov
Sat	18-Nov
Sat	25-Nov

December 2017

Sat	02-Dec
Sat	09-Dec
Sat	16-Dec
Sat	23-Dec
Sat	30-Dec

January 2018

Sat	06-Jan
Sat	13-Jan
Sat	20-Jan
Sat	27-Jan

February 2018

Sat	03-Feb
Sat	10-Feb
Sat	17-Feb
Sat	24-Feb

March 2018

Sat	03-Mar
Sat	10-Mar
Sat	17-Mar
Sat	24-Mar
Sat	31-Mar

**PLEASE NOTE THAT COLLECTION DAY CHANGES ONLY
APPLY BETWEEN 25th DEC 2017 to 13th JAN 2018**



Recycling, Food waste and Refuse must be made available by 7:30am on the correct collection day and placed on the kerbside at the front of your property.

ENQUIRIES: 01277 312500
www.brentwood.gov.uk

**PLEASE NOTE THAT COLLECTION DAY CHANGES ONLY
APPLY BETWEEN 25th DEC 2017 to 13th JAN 2018**



Recycling, Food waste and Refuse must be made available by 7:30am on the correct collection day and placed on the kerbside at the front of your property.

ENQUIRIES: 01277 312500
www.brentwood.gov.uk

Useful Contacts

Councillors	Address	Phone	Committee membership
Paul Jeater (Chairman)	80 The Furlongs	07889 232042	Churchyards & Environment, Policy & Resources, Personnel, Premises
Phill Poston (Vice Chairman)	70 The Furlongs	356040	Churchyards & Environment, Policy & Resources, Personnel, Premises, Youth Council
David Abrey	22 Haslers Court	354735	Planning, Policy & Resources, Personnel, Premises
Toby Blunsten	119 Heybridge Road	07738 998074	Churchyards & Environments
Linda Boyce	Rookwood, High Street	354971	Churchyards & Environment, Policy & Resources, Personnel, Premises
Mary Bryant	14 Pine Drive	355008	Planning, Policy & Resources, Personnel, Premises
Peter Davey	c/o Suite 1, 4 The Limes	07866 470826	Planning, Policy & Resources, IT, Premises
Lyndon Day	16 Whadden Chase	352973	Planning, Policy & Resources
Donald Frost	9 The Paddocks	355648	Policy & Resources, IT, Premises
Julie Fowkes	Buttsbury Hall Farm, Stock Lane	353263	Churchyards & Environments
Dawn Jelley	25 Tor Bryan	07904 187203	Churchyards & Environments
Phil Lackford	15 Marks Close	355293	Churchyards & Environments
Rachel Lee	60 The Furlongs	356894	Churchyards & Environments, Youth Council
Kate Sutton	10 Pine Drive	353234	Planning
Jane Winter	15 Tor Bryan	353830	Planning, Personnel

Borough and County Councillors	Address	Phone
County Councillor Ann Naylor	Flat 4, Huskards, Back Lane, Fryerning	354841
Borough Councillor Noelle Hones	Apple Cross, 76 Willow Green	352818
Borough Councillor Jon Cloke	Apple Cross, 76 Willow Green	352818
Borough Councillor Thomas Bridge	39 Harebridge Crescent	07968 155586

Other contact numbers	Phone	Website
Ingatestone & Fryerning Parish Council office	01277 353315	www.ingatestone-fryerningpc.gov.uk
Brentwood Borough Council	312500	www.brentwood.gov.uk
Essex County Council	0345 743 0430	www.essex.gov.uk
Report / Info on power cuts	105	
NHS non-emergencies	111	

If you have any news that you would like to include in the next edition of the Parish Newsletter, please contact the Parish Clerk

The next Newsletter will be distributed in August